



ARDGOWAN HOSPICE

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# Take a **#Yelfie**

However you decide to Go Yellow, make sure you make some memories and take a Yelfie!

Just print this A3 selfie frame, cut out the inside and fill in the date and status at the top and you're ready to go.

Remember to tag Ardgowan Hospice in your pictures on Instagram (@Ardgowan\_Hospice), Twitter (@ArdgowanHospice) and Facebook (@ArdgowanHospice)

\*top tip - for extra strength, glue your frame to a piece of card!



**#ArdgowanHospice #GoYellow #TogetherWeCare #Yelfie**

