

**Hope for Home Conference**  
**How to Die Well with Dementia at Home**  
**Tuesday 23<sup>rd</sup> November 2021 from 10.00am - 4.00pm via Zoom**



**Sarah Burnard, Trustee, Hope for Home**

*Sarah has over 40 years' experience of working in the healthcare sector, both as a clinician and as a General Manager. She has worked in many multi-agency settings, with both clinicians and managers, including with the NHS, Social Services, Voluntary Sector and the Police. Sarah has a background in economics and finance and has extensive experience of developing public health policy. She has worked in the hospice sector for over 10 years, specialising in community engagement and public participation and has significant experience of working with 'hard to reach' groups. Sarah is a founding Trustee of Hope for Home and has a special interest in supporting people with dementia and their carers living at home.*

**Nicola Kendall, Namaste Care International Champion for Hospices and PhD student**

*Nicola has been Namaste Lead at St Cuthbert's Hospice in Durham for the past 5 years but has now left to focus on her PhD research at Durham University looking into the benefits of Namaste Care for people living with dementia. Nic is a qualified psychotherapist, complementary therapist, and mindfulness teacher, but is learning the most valuable lessons from her Dad who is living with Lewy Body Dementia and from her Mum's experience of caring for a spouse.*



**Jim Melville, Manager, Campbell Snowdon House, Bridge of Weir, Renfrewshire, Scotland**

*Jim worked for Enable Scotland as a Team Leader for a number of years supporting people with learning and physical disabilities. He was Deputy Manager of Marcus Humphrey House for 5 years, moved to Campbell Snowdon House in 2014, and has been Manager at Campbell Snowdon House since 2017. Jim became a Dementia Champion in 2017 for Inverclyde and has also previously facilitated Dementia training with the Health and Social Care Partnership (HSCP) in Inverclyde. Jim is involved with Healthcare Improvement Scotland; Inverclyde Dementia Care Co-ordination Learning Group; Inverclyde Learning Disabilities; and Advanced Dementia Care Home group. Jim enjoys reading and has a very busy family life with a 1 year old and another on the way.*

**Joanne Morton, Namaste Lead, St Joseph's Hospice, Hackney, London**

*Joanne joined St Joseph's Hospice in February 2018 as a volunteer massage therapist and has been part of the Namaste team since January 2019. Joanne has a background in mental health with 15 years' experience working in the social care sector.*

*Joanne is currently the Namaste Care Co-ordinator for the Tower Hamlets Namaste Care Service.*



**Andy Lowndes, Vice Chair and 'The Music Detective', Playlist for Life**

*Andy is a former mental health nurse and a retired academic from Glasgow Caledonian University. Around 8 years ago Andy founded Playlist for Life with writer and broadcaster Sally Magnusson following Sally's experience in caring for her mother.*

*As 'The Music Detective,' Andy helps people with dementia and works with families and carers to identify Personally Meaningful Music for the person with the disease. In this presentation, 'A Question of Meaning', Andy will present real life examples supporting the growing international research that shows such music can have almost magical results as part of an individual's care.*

**Sally Muylers, Community Engagement Manager, St Clare Hospice, Essex**

*Sally has worked in East London and Essex for the last 25 years in various roles, but always with the community. She began her career working with children and young people, training as a youth worker. Sally thereafter worked in a range of settings – alternative education; youth homelessness prevention; sex and relationship education; and crime prevention. Throughout her career, community development has been at the core of her work professionally and voluntarily within her own community. She joined St Joseph's Hospice in 2015 as project manager for Compassionate Neighbours, a community befriending project which has grown beyond the gates of St Joseph's to 12 other hospices. Sally currently works as a Community Engagement Manager at St Clare Hospice and has embarked on a number of projects and programmes, one of which is the Namaste Care project that we will learn about in this session.*





**Gina Gardner, Dementia Support Worker, St Giles Hospice, Staffordshire**

*Gina is a Dementia Support Worker at St Giles Hospice. Her role includes delivering an award-winning carers' course and supporting people living with dementia and the care home staff and unpaid carers who look after them.*

*During her 6 years at St Giles, Gina has also worked with the Hospice at Home and Care at Home teams, supporting people who wanted to stay at home rather than entering the hospice at the end of their lives.*

**Pat Roberts, Lead for Dementia Support, Greensquareaccord**

*Pat is Lead for Dementia Support with Greensquareaccord, overseeing various Dementia Support Services ranging from pre diagnosis support; to Dementia Cafés around Walsall; to end of life care, including support in a clinical environment at Walsall Manor Hospital; she also delivers an award-winning carers course to family carers. For the past 19 years, Pat has worked for Greensquareaccord in a variety of care and support roles, but always having a passion for working with residents and family members living with Dementia. In Spring 2021, Greensquare and Accord Housing Association merged to become Greensquareaccord.*



**Graham Gardiner, CEO, Age UK Lambeth, London**

*Graham is an experienced social entrepreneur, who discovered that the monitoring he hated was the key to succeeding in tenders and grant applications. With a varied career stretching from Church Minister; homeless hostel manager; founder of several social enterprises; and supporting charities to be more entrepreneurial without losing their soul.*

*Since September 2016, Graham has been CEO of Age UK Lambeth, a local independent charity offering a wide range of services around the Borough. Graham has a background in homelessness, mental health and social entrepreneurship and one of his hostels had the world's first TimeBank for homeless people. He created one of the UK's first 'social prescribing' services in GP surgeries in Mansfield in the early 2000's and has been an advocate of brief interventions as part of a community response to wellbeing ever since. Graham is a member of the Lambeth Together executive leadership and chairs the Neighbourhood and Wellbeing Alliance.*

**Sarah Russell, Lead Nurse for Palliative and End of Life Care, Portsmouth Hospitals University NHS Trust**

*Sarah has worked as a palliative and end of life care nurse for over 25 years in hospital, care home, community and hospice settings. For 18 of those years, she was the primary carer for her father (frailty and multiple strokes) and her mother (Alzheimer's disease), balancing the duality of being a family carer, nurse, wife, daughter, sister, aunt, and friend.*



**Harriet Gross, Chair, Hope for Home**

*Harriet is Emeritus Professor of Psychology at the University of Lincoln. Her academic career started as a researcher on a project looking at the education of children with special needs. In 1989, she became a lecturer in Psychology at Loughborough University, where she spent many happy years teaching. In 2007, Harriet moved to Lincoln as Head of the Psychology Department and part of the University's senior leadership team, retiring last year as a Pro-Vice Chancellor.*

*Harriet's research has been prompted by what people find personally meaningful, particularly around times of transition. Her work has expanded from children's development to exploring people's experiences across the lifespan, including aspects of memory, work and physical activity in pregnancy, and the value of gardening for residents moving into sheltered housing. Most recently, Harriet has been interested in the value of gardening for wellbeing.*

*As well as being Chair of the Trustees of Hope for Home, she chairs the Board of Threshold Studios, an arts and culture organisation. Harriet became involved in supporting Hope for Home through its founder, Sarah Burnard, whose dedication to improving the lives of people with dementia and their carers is completely inspiring.*

**For further Conference details please visit: <https://ardgowanhospice.org.uk/hfh21/>**

**Zoom link for Conference will be emailed to participants on Friday 19 November 2021**

**This event may be recorded**